

## Component #1: Comparison to Model LSWP

### Model Wellness Policy Comparison Results Template

Component	Description
<b>Tool used for Model LSWP Comparison:</b>	WellSAT 3.0 - Results see Attachment 1
<b>Areas of Strength:</b>	<ol style="list-style-type: none"> <li>1. All Federal Requirements are met.</li> <li>2. Strong social emotional school climate.</li> <li>3.</li> </ol>
<b>Opportunities for Improvement</b>	<ol style="list-style-type: none"> <li>1. Enhance the physical activity section to be more clear and provide more strategies for incorporating into the school environment.</li> <li>2. Include more details on nutrition education and how it is incorporated into the school day.</li> <li>3. Strengthen and provide more detail on the Nutrition environment.</li> </ol>
<b>As a result of the comparison, was new language adopted in the LSWP?</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No - waiting to discuss potential changes with Wellness Committee
<b>If yes, briefly describe what was adopted (include page numbers for new language if possible)</b>	
<b>Describe next steps for strengthening your LSWP</b>	<ol style="list-style-type: none"> <li>1) Conduct WP Committee meeting to discuss priorities</li> <li>2) Convene with Regions to determine what steps are required and do-able.</li> </ol>

## Component #2: Extent of Compliance for All Schools with the LSWP

### Extent of Compliance for All Schools with the LSWP Template

Assessment Tool Used: Action for Healthy Kids School Health Index (SHI Surveys) - *Completed surveys available upon request*

Policy Area	Not Met (# of Schools as a range)	Partial Compliance (# of Schools as a range)	Full Compliance (# of Schools as a range)
<b>School Health and Physical Environment</b>	Elem - 2-9 MS/HS - 1-3	Elem - 1-6 MS/HS - 1-2	Elem - 9-20 MS/HS - 6-10
<b>Nutrition Environment and Services</b>	Elem - 1-14 MS/HS - 1-5	Elem - 1-6 MS/HS - 1-3	Elem - 5-25 MS/HS - 3-11
<b>Health Education</b>	Elem - 4-7 MS/HS - 2-4	Elem - 1-7 MS/HS - 1-3	Elem - 10-17 MS/HS - 4-8
<b>Physical Education and Physical Activity</b>	Elem - 1-14 MS/HS - 1-4	Elem - 1-8 MS/HS - 1-5	Elem - 4-23 MS/HS - 2-9
<b>Social and Emotional Climate</b>	Elem - 0 MS/HS - 0	Elem - 1-4 MS/HS - 1	Elem - 21-24 MS/HS - 10-11
<b>School Health Services</b>	Elem - 1-13 MS/HS - 1-8	Elem - 1-5 MS/HS - 1-2	Elem - 6-22 MS/HS - 1-9
<b>Staff Wellness</b>	Elem - 6-13 MS/HS - 1-2	Elem - 1-8 MS/HS - 1-3	Elem - 5-13 MS/HS - 3-7
<b>Family Involvement</b>	Elem - 1-11 MS/HS - 1-2	Elem - 1-8 MS/HS - 1-3	Elem - 7-23 MS/HS - 5-8
<b>Community Involvement</b>	Elem - 4 MS/HS - 1-2	Elem - 3-7 MS/HS - 0	Elem - 10-12 MS/HS - 4-7

District LSWP Components		For the components below, indicate whether the district is in compliance.
<b>Public Involvement</b> The district will actively communicate the ways in which representatives of the District Wellness Council, School Wellness Council, and others can participate in the development, implementation and periodic review and update of the LSWP.		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>Public Notification</b> The district will actively inform caregivers and the public each year of basic information about the LSWP.		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>Triennial Assessment</b> Once every three years, the district will assess the LSWP by completing the following: -Comparing district LSWP to a model LSWP -Assessing the extent of compliance for all schools with the LSWP -Assessing the progress made in attaining the goals of the LSWP		<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

## Component #3: Progress Made in Reaching LSWP Goals

### Progress in Reaching LSWP Goals Template

#### Implementation Plan

Actions	Steps and Goals	By Whom and When
<p>1. Students in the SFA have access to healthy foods throughout the school day—both through reimbursable school meals and other foods available throughout the school campus—in accordance with Federal and state nutrition standards.</p> <p><b>Was this goal met? YES</b></p>	<ol style="list-style-type: none"> <li>1. All meals operating under federal meal programs will meet or exceed federal and state guidelines.</li> <li>2. All foods and beverages sold on campus, during the school day, to students (including fundraisers) will meet or exceed federal and state guidelines.</li> <li>3. Celebrations occurring on campus, during the school day involving food “offered” for free will meet or exceed federal and state guidelines.</li> </ol>	<p>Food Service Director Food Vendor Teachers/Fundraiser coordinators Principal All competitive foods will be approved at least 2 weeks prior to event occurring on campus. All meals served as part of the reimbursable meal program will be in compliance.</p>
<p>2. Students receive quality nutrition education that helps them develop lifelong healthy eating behaviors.</p> <p><b>Was this goal met? In Progress</b></p>	<ol style="list-style-type: none"> <li>1. The SFA aims to teach, model, encourage, and support healthy eating by students.</li> <li>2. Nutrition education and promotion will be designed to provide students with the knowledge and skills necessary to promote and protect their health;</li> <li>3. Will include enjoyable, developmentally-appropriate, culturally-relevant, and participatory activities.</li> <li>4. Will promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy products, and healthy food preparation methods.</li> </ol>	<p>Principal Teachers Nutrition education will be vetted prior to being implemented into instruction on an as-needed basis by school staff.</p>

<p>3. Students have opportunities to be physically active before, during, and after school.</p> <p><b>Was this goal met? In Progress</b></p>	<ol style="list-style-type: none"> <li>1. Physical activity during the school day (including but not limited physical activity breaks, or physical education) will not be withheld as punishment for any reason.</li> <li>2. The SFA will provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education.</li> <li>3. All students will be provided equal opportunity to participate in physical education classes.</li> <li>4. Outdoor recess will be offered when weather is feasible for outdoor play.</li> <li>5. In the event that the school or SFA must conduct indoor recess, teachers and staff will follow the indoor recess guidelines that promote physical activity for students, to the extent practicable.</li> <li>6. Recess will complement, not substitute, physical education class. Recess monitors or teachers will encourage students to be active, and will serve as role models by being physically active alongside the students whenever feasible.</li> </ol>	<p>Health/PE teachers Principal</p> <p>Physical Activity/Education will be incorporated into the school day on a regular basis. Curriculum will be created by Health/PE teachers when lesson plans are created for the school year.</p>
<p>5. The community is engaged in supporting the work of the SFA in creating continuity between school and other settings for students and staff to practice lifelong healthy habits.</p> <p><b>Was this goal met? In Progress</b></p>	<ol style="list-style-type: none"> <li>1. The SFA will actively notify the public about the content of or any updates to the wellness policy annually, at a minimum.</li> <li>2. The SFA will inform parents of the improvements that have been made to school meals and compliance with school meal standards, availability of child nutrition programs and how to apply.</li> <li>3. SWC will communicate to the families at the school(s) and the community how others can participate in the development, implementation, and periodic review and update of the wellness policy through a variety of means appropriate for that SFA.</li> </ol>	<p>Community partners Wellness Committee Families of Students Enrolled</p> <p>Families will be notified of the wellness policy each year at the beginning of the year.</p> <p>Assessment results of the policy will be communicated to families as assessments are conducted.</p>

<p>6. The SFA establishes and maintains an infrastructure for management, oversight, implementation, communication about, and monitoring of the policy and its established goals and objectives.</p> <p><b>Was this goal met? YES</b></p>	<ol style="list-style-type: none"><li>4. School wellness committee (SWC) will meet at least twice per year to establish goals for and oversee school health and safety policies and programs, including development, implementation, and periodic review and update of this SFA-level wellness policy.</li><li>5. SWC will update or modify the wellness policy based on the results of the annual progress reports and triennial assessments, and/or as SFA priorities change; community needs change; wellness goals are met; and new Federal or state guidance or standards are issued.</li><li>6. The wellness policy will be assessed and updated as indicated at least every three years, following the triennial assessment.</li></ol>	<p>Wellness committee</p> <p>Triennial Assessment will occur every 3 years.</p> <p>Meetings will occur once in the fall (by December) and another in the spring (by May) of each school year.</p>
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## Component #4: Triennial Assessment Report to the Public

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### TEA Report to the Public Template

Target Audience(s)	Method	Date
External Partners: Parents/Caregivers, community partners, etc	Posted on Aspire Public Schools organization website	12/8/25
Internal Partners: Aspire Public Schools staff	Email notification sent to District Admin and Wellness Policy Committee	ETA 12/8/25

## Attachment 1: WellSat Scorecard

### Policy Assessment: Aspire WellSAT (Oct 2025) (10/2025)

### District: ASPIRE JUANITA TATE ACADEMY CHARTER DISTRICT

Congratulations! You have completed the WellSAT Policy Assessment. You can see your Policy scores for each item below. Please note if you are missing any of the federal requirements in Section 1. Items with a rating of "0" (item not addressed in the policy) or "1" (weak statement addressing the item) can be improved by referring to the links at [wellsat.org/resources](https://wellsat.org/resources).

#### Section 1. Federal Requirements

<b>FR1</b>	Includes goals for nutrition education that are designed to promote student wellness.	<b>2</b>
<b>FR2</b>	Assures compliance with USDA nutrition standards for reimbursable school meals.	<b>1</b>
<b>FR3</b>	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	<b>NA</b>
<b>FR4</b>	Free drinking water is available during meals.	<b>2</b>
<b>FR5</b>	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	<b>2</b>
<b>FR6</b>	Addresses compliance with USDA nutrition standards (Smart Snacks) for all food and beverages sold to students during the school day.	<b>1</b>
<b>FR7</b>	Regulates food and beverages sold in a la carte.	<b>NA</b>
<b>FR8</b>	Regulates food and beverages sold in vending machines.	<b>NA</b>
<b>FR9</b>	Regulates food and beverages sold in school stores.	<b>NA</b>
<b>FR10</b>	Addresses fundraising with food to be consumed during the school day.	<b>2</b>
<b>FR11</b>	Regulates food and beverages served at class parties and other school celebrations in elementary schools. Use N/A if no elementary schools in district.	<b>2</b>
<b>FR12</b>	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	<b>1</b>
<b>FR13</b>	Addresses how all relevant groups will participate.	<b>2</b>

**Policy Assessment: Aspire WellSAT (Oct 2025) (10/2025)**  
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<b>FR14</b>	Identifies the officials responsible for compliance with all components of the local wellness policy in each school.	<b>2</b>
<b>FR15</b>	Addresses making the wellness policy available to the public.	<b>2</b>
<b>FR16</b>	Addresses the assessment of district implementation of the local wellness policy at least once every three years.	<b>1</b>
<b>FR17</b>	Addresses making triennial assessment results available to the public and specifies what will be included.	<b>1</b>
<b>FR18</b>	Addresses a plan for updating policy based on results of the triennial assessment.	<b>2</b>

**Section 2. Nutrition Environment and Services**

<b>NES1</b>	Addresses access to the USDA School Breakfast Program.	<b>2</b>
<b>NES2</b>	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	<b>NA</b>
<b>NES3</b>	Specifies how families are provided information about determining eligibility for free/reduced price meals.	<b>NA</b>
<b>NES4</b>	Specifies strategies to increase participation in school meal programs.	<b>1</b>
<b>NES5</b>	Specifies marketing to promote healthy food and beverage choices.	<b>1</b>
<b>NES6</b>	Addresses the amount of "seat time" students have to eat school meals.	<b>0</b>
<b>NES7</b>	Addresses purchasing local foods for the school meals program.	<b>0</b>
<b>NES8</b>	USDA Smart Snack standards are easily accessed in the policy.	<b>2</b>
<b>NES9</b>	Exemptions for infrequent school-sponsored fundraisers.	<b>NA</b>
<b>NES10</b>	Addresses foods and beverages containing caffeine at the high school level.	<b>0</b>

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<b>NES11</b>	Addresses nutrition standards for all foods and beverages served (not sold) to students after the school day, including before and aftercare on school grounds, clubs, and after school programming.	<b>0</b>
<b>NES12</b>	Addresses nutrition standards for all foods and beverages sold (not served) to students after the school day, including before and aftercare on school grounds, clubs, and after school programming.	<b>0</b>
<b>NES13</b>	Addresses food not being used as a reward.	<b>1</b>
<b>NES14</b>	Addresses availability of free drinking water throughout the school day.	<b>2</b>

**Section 3. Nutrition Education**

<b>NE1</b>	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	<b>2</b>
<b>NE2</b>	All elementary school students receive sequential and comprehensive nutrition education.	<b>1</b>
<b>NE3</b>	All middle school students receive sequential and comprehensive nutrition education.	<b>1</b>
<b>NE4</b>	All high school students receive sequential and comprehensive nutrition education.	<b>1</b>
<b>NE5</b>	Nutrition education is integrated into other subjects beyond health education.	<b>2</b>
<b>NE6</b>	Links nutrition education with the food environment.	<b>0</b>
<b>NE7</b>	⚠️ Nutrition education addresses agriculture and the food system.	<b>0</b>

**Section 4. Physical Education and Physical Activity**

<b>PEPA1</b>	⚠️ There is a written physical education curriculum for grades K-12.	<b>2</b>
<b>PEPA2</b>	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	<b>2</b>

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<b>PEPA3</b>	Physical education promotes a physically active lifestyle.	<b>1</b>
<b>PEPA4</b>	Addresses time per week of physical education instruction for all elementary school students.	<b>0</b>
<b>PEPA5</b>	Addresses time per week of physical education instruction for all middle school students.	<b>0</b>
<b>PEPA6</b>	Addresses time per week of physical education instruction for all high school students.	<b>0</b>
<b>PEPA7</b>	Addresses qualifications for physical education teachers for grades K-12.	<b>0</b>
<b>PEPA8</b>	Addresses providing physical education training for physical education teachers.	<b>0</b>
<b>PEPA9</b>	Addresses physical education exemption requirements for all students.	<b>0</b>
<b>PEPA10</b>	Addresses physical education substitution for all students.	<b>0</b>
<b>PEPA11</b>	☒ Addresses family and community engagement in physical activity opportunities at all schools.	<b>0</b>
<b>PEPA12</b>	☒ Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	<b>0</b>
<b>PEPA13</b>	Addresses recess for all elementary school students.	<b>1</b>
<b>PEPA14</b>	☒ Addresses physical activity breaks during school.	<b>0</b>
<b>PEPA15</b>	Joint or shared-use agreements for physical activity participation at all schools.	<b>0</b>
<b>PEPA16</b>	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	<b>0</b>
<b>PEPA17</b>	☒ Addresses using physical activity as a reward.	<b>0</b>
<b>PEPA18</b>	Addresses physical activity not being used as a punishment.	<b>0</b>

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**District: ASPIRE JUANITA TATE ACADEMY CHARTER DISTRICT**

PEPA19	Addresses physical activity not being withheld as a punishment.	0
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**Section 5. Employee Wellness**

EW1	☒ Addresses strategies to support employee wellness.	0
EW2	Encourages staff to model healthy eating and physical activity behaviors.	0

**Section 6. Integration and Coordination**

IC1	Addresses the establishment of an ongoing district wellness committee.	2
IC2	Addresses the establishment of an ongoing school building-level wellness committee.	2

**Overall District Policy Score**

Total Comprehensiveness	<b>District Score 58</b>
Total Strength	<b>District Score 39</b>

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1. mail:  
U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW, Mail Stop 9410  
Washington, D.C. 20250-9410;
2. fax:  
202-690-7442; or
3. email:  
[Program.Intake@usda.gov](mailto:Program.Intake@usda.gov).

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