

Component #1: Comparison to Model LSWP

Model Wellness Policy Comparison Results Template

Component	Description
Tool used for Model LSWP Comparison:	WellSAT 3.0 - Results see Attachment 1
Areas of Strength:	1. All Federal Requirements are met. 2. Strong social emotional school climate. 3.
Opportunities for Improvement	1. Enhance the physical activity section to be more clear and provide more strategies for incorporating into the school environment. 2. Include more details on nutrition education and how it is incorporated into the school day. 3. Strengthen and provide more detail on the Nutrition environment.
As a result of the comparison, was new language adopted in the LSWP?	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No - waiting to discuss potential changes with Wellness Committee
If yes, briefly describe what was adopted (include page numbers for new language if possible)	
Describe next steps for strengthening your LSWP	1) Conduct WP Committee meeting to discuss priorities 2) Convene with Regions to determine what steps are required and do-able.

Component #2: Extent of Compliance for All Schools with the LSWP

Extent of Compliance for All Schools with the LSWP Template

Assessment Tool Used: Action for Healthy Kids School Health Index (SHI Surveys) - *Completed surveys available upon request*

Policy Area	Not Met (# of Schools as a range)	Partial Compliance (# of Schools as a range)	Full Compliance (# of Schools as a range)
School Health and Physical Environment	Elem - 2-9 MS/HS - 1-3	Elem - 1-6 MS/HS - 1-2	Elem - 9-20 MS/HS - 6-10
Nutrition Environment and Services	Elem - 1-14 MS/HS - 1-5	Elem - 1-6 MS/HS - 1-3	Elem - 5-25 MS/HS - 3-11
Health Education	Elem - 4-7 MS/HS - 2-4	Elem - 1-7 MS/HS - 1-3	Elem - 10-17 MS/HS - 4-8
Physical Education and Physical Activity	Elem - 1-14 MS/HS - 1-4	Elem - 1-8 MS/HS - 1-5	Elem - 4-23 MS/HS - 2-9
Social and Emotional Climate	Elem - 0 MS/HS - 0	Elem - 1-4 MS/HS - 1	Elem - 21-24 MS/HS - 10-11
School Health Services	Elem - 1-13 MS/HS - 1-8	Elem - 1-5 MS/HS - 1-2	Elem - 6-22 MS/HS - 1-9
Staff Wellness	Elem - 6-13 MS/HS - 1-2	Elem - 1-8 MS/HS - 1-3	Elem - 5-13 MS/HS - 3-7
Family Involvement	Elem - 1-11 MS/HS - 1-2	Elem - 1-8 MS/HS - 1-3	Elem - 7-23 MS/HS - 5-8
Community Involvement	Elem - 4 MS/HS - 1-2	Elem - 3-7 MS/HS - 0	Elem - 10-12 MS/HS - 4-7

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement The district will actively communicate the ways in which representatives of the District Wellness Council, School Wellness Council, and others can participate in the development, implementation and periodic review and update of the LSWP.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Public Notification The district will actively inform caregivers and the public each year of basic information about the LSWP.	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Triennial Assessment Once every three years, the district will assess the LSWP by completing the following: -Comparing district LSWP to a model LSWP -Assessing the extent of compliance for all schools with the LSWP -Assessing the progress made in attaining the goals of the LSWP	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No

Component #3: Progress Made in Reaching LSWP Goals

Progress in Reaching LSWP Goals Template

Implementation Plan

Actions	Steps and Goals	By Whom and When
<p>1. Students in the SFA have access to healthy foods throughout the school day—both through reimbursable school meals and other foods available throughout the school campus—in accordance with Federal and state nutrition standards.</p> <p>Was this goal met? YES</p>	<ol style="list-style-type: none"> 1. All meals operating under federal meal programs will meet or exceed federal and state guidelines. 2. All foods and beverages sold on campus, during the school day, to students (including fundraisers) will meet or exceed federal and state guidelines. 3. Celebrations occurring on campus, during the school day involving food “offered” for free will meet or exceed federal and state guidelines. 	<p>Food Service Director</p> <p>Food Vendor</p> <p>Teachers/Fundraiser coordinators</p> <p>Principal</p> <p>All competitive foods will be approved at least 2 weeks prior to event occurring on campus.</p> <p>All meals served as part of the reimbursable meal program will be in compliance.</p>
<p>2. Students receive quality nutrition education that helps them develop lifelong healthy eating behaviors.</p> <p>Was this goal met? In Progress</p>	<ol style="list-style-type: none"> 1. The SFA aims to teach, model, encourage, and support healthy eating by students. 2. Nutrition education and promotion will be designed to provide students with the knowledge and skills necessary to promote and protect their health; 3. Will include enjoyable, developmentally-appropriate, culturally-relevant, and participatory activities. 4. Will promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy products, and healthy food preparation methods. 	<p>Principal</p> <p>Teachers</p> <p>Nutrition education will be vetted prior to being implemented into instruction on an as-needed basis by school staff.</p>

<p>3. Students have opportunities to be physically active before, during, and after school.</p> <p>Was this goal met? In Progress</p>	<ol style="list-style-type: none"> 1. Physical activity during the school day (including but not limited physical activity breaks, or physical education) will not be withheld as punishment for any reason. 2. The SFA will provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education. 3. All students will be provided equal opportunity to participate in physical education classes. 4. Outdoor recess will be offered when weather is feasible for outdoor play. 5. In the event that the school or SFA must conduct indoor recess, teachers and staff will follow the indoor recess guidelines that promote physical activity for students, to the extent practicable. 6. Recess will complement, not substitute, physical education class. Recess monitors or teachers will encourage students to be active, and will serve as role models by being physically active alongside the students whenever feasible. 	<p>Health/PE teachers</p> <p>Principal</p> <p>Physical Activity/Education will be incorporated into the school day on a regular basis. Curriculum will be created by Health/PE teachers when lesson plans are created for the school year.</p>
<p>5. The community is engaged in supporting the work of the SFA in creating continuity between school and other settings for students and staff to practice lifelong healthy habits.</p> <p>Was this goal met? In Progress</p>	<ol style="list-style-type: none"> 1. The SFA will actively notify the public about the content of or any updates to the wellness policy annually, at a minimum. 2. The SFA will inform parents of the improvements that have been made to school meals and compliance with school meal standards, availability of child nutrition programs and how to apply. 3. SWC will communicate to the families at the school(s) and the community how others can participate in the development, implementation, and periodic review and update of the wellness policy through a variety of means appropriate for that SFA. 	<p>Community partners</p> <p>Wellness Committee</p> <p>Families of Students Enrolled</p> <p>Families will be notified of the wellness policy each year at the beginning of the year.</p> <p>Assessment results of the policy will be communicated to families as assessments are conducted.</p>

<p>6. The SFA establishes and maintains an infrastructure for management, oversight, implementation, communication about, and monitoring of the policy and its established goals and objectives.</p> <p>Was this goal met? YES</p>	<ol style="list-style-type: none"> 4. School wellness committee (SWC) will meet at least twice per year to establish goals for and oversee school health and safety policies and programs, including development, implementation, and periodic review and update of this SFA-level wellness policy. 5. SWC will update or modify the wellness policy based on the results of the annual progress reports and triennial assessments, and/or as SFA priorities change; community needs change; wellness goals are met; and new Federal or state guidance or standards are issued. 6. The wellness policy will be assessed and updated as indicated at least every three years, following the triennial assessment. 	<p>Wellness committee</p> <p>Triennial Assessment will occur every 3 years.</p> <p>Meetings will occur once in the fall (by December) and another in the spring (by May) of each school year.</p>
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Component #4: Triennial Assessment Report to the Public

TEA Report to the Public Template

Target Audience(s)	Method	Date
External Partners: Parents/Caregivers, community partners, etc	Posted on Aspire Public Schools organization website	12/8/25
Internal Partners: Aspire Public Schools staff	Email notification sent to District Admin and Wellness Policy Committee	ETA 12/8/25

Attachment 1: WellSat Scorecard**Policy Assessment: Aspire WellSAT (Oct 2025) (10/2025)****District: ASPIRE JUANITA TATE ACADEMY CHARTER DISTRICT**

Congratulations! You have completed the WellSAT Policy Assessment. You can see your Policy scores for each item below. Please note if you are missing any of the federal requirements in Section 1. Items with a rating of "0" (item not addressed in the policy) or "1" (weak statement addressing the item) can be improved by referring to the links at wellsat.org/resources.


Section 1. Federal Requirements

FR1	Includes goals for nutrition education that are designed to promote student wellness.	2
FR2	Assures compliance with USDA nutrition standards for reimbursable school meals.	1
FR3	District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	NA
FR4	Free drinking water is available during meals.	2
FR5	Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	2
FR6	Addresses compliance with USDA nutrition standards (Smart Snacks) for all food and beverages sold to students during the school day.	1
FR7	Regulates food and beverages sold in a la carte.	NA
FR8	Regulates food and beverages sold in vending machines.	NA
FR9	Regulates food and beverages sold in school stores.	NA
FR10	Addresses fundraising with food to be consumed during the school day.	2
FR11	Regulates food and beverages served at class parties and other school celebrations in elementary schools. Use N/A if no elementary schools in district.	2
FR12	Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards.	1
FR13	Addresses how all relevant groups will participate.	2

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FR14	Identifies the officials responsible for compliance with all components of the local wellness policy in each school.	2
FR15	Addresses making the wellness policy available to the public.	2
FR16	Addresses the assessment of district implementation of the local wellness policy at least once every three years.	1
FR17	Addresses making triennial assessment results available to the public and specifies what will be included.	1
FR18	Addresses a plan for updating policy based on results of the triennial assessment.	2


Section 2. Nutrition Environment and Services

NES1	Addresses access to the USDA School Breakfast Program.	2
NES2	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	NA
NES3	Specifies how families are provided information about determining eligibility for free/reduced price meals.	NA
NES4	Specifies strategies to increase participation in school meal programs.	1
NES5	Specifies marketing to promote healthy food and beverage choices.	1
NES6	Addresses the amount of "seat time" students have to eat school meals.	0
NES7	 Addresses purchasing local foods for the school meals program.	0
NES8	USDA Smart Snack standards are easily accessed in the policy.	2
NES9	Exemptions for infrequent school-sponsored fundraisers.	NA
NES10	Addresses foods and beverages containing caffeine at the high school level.	0


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NES11	Addresses nutrition standards for all foods and beverages served (not sold) to students after the school day, including before and aftercare on school grounds, clubs, and after school programming.	0
NES12	Addresses nutrition standards for all foods and beverages sold (not served) to students after the school day, including before and aftercare on school grounds, clubs, and after school programming.	0
NES13	Addresses food not being used as a reward.	1
NES14	Addresses availability of free drinking water throughout the school day.	2





Section 3. Nutrition Education

NE1	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	2
NE2	All elementary school students receive sequential and comprehensive nutrition education.	1
NE3	All middle school students receive sequential and comprehensive nutrition education.	1
NE4	All high school students receive sequential and comprehensive nutrition education.	1
NE5	Nutrition education is integrated into other subjects beyond health education.	2
NE6	Links nutrition education with the food environment.	0
NE7	 Nutrition education addresses agriculture and the food system.	0

Section 4. Physical Education and Physical Activity

PEPA1	 There is a written physical education curriculum for grades K-12.	2
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	2


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PEPA3	Physical education promotes a physically active lifestyle.	1
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	0
PEPA5	Addresses time per week of physical education instruction for all middle school students.	0
PEPA6	Addresses time per week of physical education instruction for all high school students.	0
PEPA7	Addresses qualifications for physical education teachers for grades K-12.	0
PEPA8	Addresses providing physical education training for physical education teachers.	0
PEPA9	Addresses physical education exemption requirements for all students.	0
PEPA10	Addresses physical education substitution for all students.	0
PEPA11	 Addresses family and community engagement in physical activity opportunities at all schools.	0
PEPA12	 Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	0
PEPA13	Addresses recess for all elementary school students.	1
PEPA14	 Addresses physical activity breaks during school.	0
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	0
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	0
PEPA17	 Addresses using physical activity as a reward.	0
PEPA18	Addresses physical activity not being used as a punishment.	0

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PEPA19	Addresses physical activity not being withheld as a punishment.	0
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Section 5. Employee Wellness

EW1	 Addresses strategies to support employee wellness.	0
EW2	Encourages staff to model healthy eating and physical activity behaviors.	0

Section 6. Integration and Coordination

IC1	Addresses the establishment of an ongoing district wellness committee.	2
IC2	Addresses the establishment of an ongoing school building-level wellness committee.	2


Overall District Policy Score

Total Comprehensiveness	District Score 58
Total Strength	District Score 39

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Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW, Mail Stop 9410
Washington, D.C. 20250-9410;
2. fax:
202-690-7442; or
3. email:
Program.Intake@usda.gov.

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